



www.ashlandcert.org

June 2021

Neighbors Helping Neighbors...

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Next Meeting Dates:

General Meeting:

June 9 - Remote Topic: Radio Communications.
Zoom meeting starts at 6pm.

Leadership Meeting:

June 23 - Remote Topic: Medical Ops Planning.
Zoom meeting starts at 6pm.



Ready Neighbor News

Shelter-in-Place Guidance

The Federal Emergency Management Agency (FEMA) released Shelter-in-Place Pictogram Guidance for ten hazards and three building types. The ten hazards are: Active Shooter, Chemical Hazards, Earthquake, Flooding/Flash Flooding, Hurricane, Nuclear/Radiological Hazards, Pandemic, Thunderstorm, Tornado, and Winter Storm. The three building types are: Manufactured or Mobile Home, 1- or 2-Story Buildings, and Multistory Buildings.

The pictograms provide clear, visual guidance to the public on shelter-in-place actions classified by both hazard and building type to ensure the public takes effective protective actions when instructed to shelter-in-place during emergencies.

The guidance provides recommended interior locations for specific hazards, additional actions for protection, and the recommended duration for staying sheltered-in-place.

For example, when disaster strikes during an earthquake, it may be safer to stay in your home, place of employment, or other location. Learn where to go, what to do, and how long you should shelter-in-place for the hazards in your area.

Earthquakes are the sudden, rapid shaking of the earth, caused by the breaking and shifting of underground rock. Earthquakes can collapse buildings and cause heavy items to fall, resulting in injuries and property damage.

To learn more about sheltering-in-place recommendations during these ten types of hazards download the full 13-page color document at: https://www.fema.gov/sites/default/files/documents/fema_shelter-in-place_guidance_5-25-2021.pdf or visit Community.FEMA.org to learn much, much more.

Preparedness is everyone's responsibility.

Be Ready! with your Ashland CERT Ready Pack

Ashland CERT volunteers should have their deployment items in a backpack, or other transportable carrying device, before disaster strikes. Volunteers have both required items (minimum items) and suggested items, in addition to their personal and response first aid kits they must carry. Consider having gear stored for quick response, in your vehicle and at your home and place of business.

Required Items

- Ashland CERT ID
- CERT Vest
- CERT Hard Hat
- Long sleeve shirt and long pants
- Sturdy close-toed shoes or boots
- Flashlight and/or headlamp w/ batteries
- Safety glasses
- Work gloves
- Personal needs kit (meds, reading glasses, etc.)
- Personal first aid kit*
- Nitrile gloves, or latex (several sets)
- Extra clothing appropriate for weather (rain gear, coat, gloves, etc.)
- Rehab (food and water)
- Pens, pencils, notebook (all weather), permanent markers
- CERT Documentation forms (damage assessment, patient exam card, etc.)
- Wrench (utilities shut-off tool)
- Whistle
- Multi-knife / tool
- N95 mask
- Personal medications / medical devices used



BASIC

TRAINING

Fall training scheduled the following dates from 5:30 - 8:30 pm

- Wednesday, October 6
- Tuesday, October 12
- Wednesday, October 13
- Tuesday, October 19
- Wednesday, October 20
- Tuesday, October 26
- Wednesday, October 27
- Tuesday, November 2
- Wednesday, November 3
- Saturday, November 6 ~ TBD

FREE

Be Ready! with your Ashland CERT Ready Pack...continued...

CERT Ready Pack Suggested Items

2" masking tape (can also be used for triage)
 Area / local map
 Can opener
 Duct tape
 Ear plugs / protection
 Emergency food packets
 Flagging Tape - Red, Yellow, Green, Black
 (can be used for triage)
 FRS - set of two-way Radios (2)
 Garbage bags w/ties
 Handheld GPS
 Knee pads
 Light sticks (several)
 Lumber crayon, (marking tools) or spray paint
 Matches in waterproof container
 Pet Leash and toy
 Portable radio with additional batteries
 (hand-crank recommended)
 Rope (nylon), or paracord (50-100' 5-8mm thick)
 Seasonal items (rain gear, sunglasses, sunscreen,
 hat, gloves, bug spray, Chapstick, etc.)
 Shovel, handsaw, hammer, hatchet, etc.
 Space blanket
 Water
 Water purification tabs and/or filtration pump
 Ziplock bags

First Aid Kit Recommendations

10% household bleach to disinfect (1 bottle)
 4" sterile gauze pads (several)
 4" gauze pads for bandaging large cuts
 Ace bandage (4+)
 Adhesive tape 2" wide (2 rolls +)
 Anti-inflammatory (ibuprofen, Motrin, etc.)
 Antiseptic hand cleaning towels
 Assorted sized sterile adhesive bandages / Band-
 Aids for small cuts (10 – 12 assorted)
 Biohazard bags 3-5 gallon-size
 Cold compress(s)
 Eye dropper
 Laxative & an Anti-diarrhea medication
 Lubricant
 Nitrile medical exam gloves (6 pair +)
 Pain reliever (aspirin or acetaminophen)
 Roller bandage 2" wide (2 +)
 Space blanket
 Scissors (good pair of medical shears)
 Thermometer
 Tourniquet (2*)
 Triangular bandages (4 +)
 Tweezers
 Wire SAM splint

*Have a personal kit separate from your response kit

Ashland City Budget Cuts

Budget cuts translate into reduction of services for residents. Protect yourself and your neighbors. Consider taking Ashland CERTs free basic training to learn disaster response skills, or start a Map Your Neighborhood program with your immediate neighbors to develop a plan of how to support each other when disaster strikes.

The Community Emergency Response Team (CERT) program educates citizens about disaster preparedness and trains them in basic disaster response. Whether you are hoping to learn new or additional skills, gain knowledge before the next catastrophe event, or you want to become a volunteer with your community, Ashland CERT is right for you. Each cohort will build leadership through team building from beginning to end while being guided through the challenging, yet fun, interactive course. CERT offers a consistent, nationwide approach to volunteer training that professional responders can rely on during disaster situations, allowing them to focus on more complex tasks.

The MYN is a facilitated 9-step process involving your immediate neighbors to help harness the power of community regarding potential hazards that might leave you without power, water, natural gas, or other lifelines where being neighborly is the best tool for resiliency. Make a plan with your neighbors today. Visit our website for more information.

CERT 2021 Calendar of Events

January 2021	February 2021	March 2021
General Meeting - January 13 <i>(Points of Distribution)</i> Leadership Meeting - January 27 <i>(Media & Briefing Skills)</i>	General Meeting - February 10 <i>(ShakeAlert)</i> Natural Disaster Awareness for Community Leaders - February 13 Leadership Meeting - February 24 <i>(ODOT Bridge Inspections)</i>	General Meeting - March 16 <i>(Fire Ecology)</i> Leadership Meeting - March 24 <i>(ODF - Post-Fire Science)</i> Refresher - March 27
April 2021	May 2021	June 2021
General Meeting – April 14 <i>(PermiCulture for Disasters)</i> Basic Training - April 22, 23, 24 Leadership Meeting - April 28 <i>(CERT Basic Planning)</i>	Basic Training - May 6, 7, 8 General Meeting – May 12 (ICS) Leadership Meeting - May 26 <i>(Basic After-Action-Review)</i>	Leadership Training Retreat – June 11-13 General Meeting - June 9 <i>(Radio Skills)</i> Leadership Meeting - June 23 <i>(Medical Ops Planning)</i>
July 2021	August 2021	September 2021
Parade Support – July 4 General Meeting - July 14 <i>(Base Tours)</i> Leadership Meeting - July 28 <i>(Planning Grant Strategies)</i>	General Meeting - August 11 <i>(Go-Bags Emergency Preparedness)</i> Leadership Meeting - August 25 <i>(CERT Skills)</i> Evacuation Planning Strategies - Aug. 7-8	General Meeting – Sept. 8 <i>(CERT Skills)</i> Team Leadership - Sept. 11 Leadership Meeting - September 22 <i>(Basic Training Planning)</i>
October 2021	November 2021	December 2021
Basic Training - Oct. 6, 12, 13, 19, 20, 26, 27 Jackson County Fire District 5 Open House No Leadership Meeting - October 27 <i>(Basic Training)</i>	Basic Training – Nov. 2, 3, 6 Basic Graduation – Tuesday, November 10 Leadership Meeting – Tuesday, November 17 <i>(Annual Training Planning Session)</i>	CERT Appreciation Night December 8 - 5:30 to 8:30 PM Holiday Season ~ Training Stand Down

Note: ****Calendar items may be modified and are subject to cancellation. ****

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TO: